

50 References

- 1. National Center for Education Statistics. *Digest of Education Statistics, 2011*. Alexandria, VA: National Center for Education Statistics, US Dept of Education; 2012.
- 2. Kaushik A, Mullee MA, Bryant TN, Hill CM. A study of the association between children's access to drinking water in primary schools and their fluid intake: can water be 'cool' in school? *Child Care Health Dev.* 2007;33:409-415.
- 3. Muckelbauer R, Libuda L, Clausen K, Toschke AM, Reinehr T, Kersting M. Promotion and provision of drinking water in schools for overweight prevention: randomized, controlled cluster trial. *Pediatrics*. 2009;123:e661-e667.
- 4. Wang Y C, Ludwig DS, Sonneville K, Gortmaker SL. Impact of change in sweetened caloric beverage consumption on energy intake among children and adolescents. *Arch Pediatr Adolesc Med.* 2009; 163(4):336-343.
- 5. Popkin BM, D'Anci KE, Rosenberg IH. Water, hydration, and health. Nutr Rev. 2010;68(8):439-458.
- 6. Kempton MJ, Ettinger U, Foster R, et al. Dehydration affects brain structure and function in healthy adolescents. *Hum Brain Mapp.* 2011;32:71-79.
- 7. Edmonds CJ, Jeffes B. Does having a drink help you think? 6-7-year-old children show improvements in cognitive performance from baseline to test after having a drink of water. *Appetite*. 2009;53:469-472.
- 8. Edmonds CJ, Burford D. Should children drink more water? The effects of drinking water on cognition in children. *Appetite*. 2009;52:776-779.
- 9. Community Services Task Force. Preventing Dental Caries: Community Water Fluoridation. http://www.thecommunityguide.org/oral/fluoridation.html. Accessed May 1, 2014.
- 10. Benton D, Burgess N. The effect of the consumption of water on the memory and attention of children. *Appetite*. 2009;53:143-146.
- 11. National School Lunch Program and School Breakfast Program: Nutrition Standards for All Foods Sold in School as Required by the Healthy, Hunger-Free Kids Act of 2010, 7 CFR § 210.10(a)(1). http://www.gpo.gov/fdsys/pkg/FR-2013-06-28/pdf/2013-15249.pdf. Accessed May 1, 2014.
- 12. National School Lunch Program and School Breakfast Program: Nutrition Standards for All Foods Sold in School as Required by the Healthy, Hunger-Free Kids Act of 2010, 7 CFR § 220.8(a)(1). http://www.gpo.gov/fdsys/pkg/FR-2013-06-28/pdf/2013-15249.pdf. Accessed May 1, 2014.
- 13. US Dept of Agriculture. SP 28-2011 Revised Child Nutrition Reauthorization 2010: Water Availability During National School Lunch Program Meal Service-Revised. http://www.fns.usda.gov/sites/default/files/SP28-2011 osr.pdf. Accessed May 1, 2014.
- 14. Institute of Medicine. *Nutrition Standards for Foods in Schools: Leading the Way Toward Healthier Youth.* Washington, DC: National Academies Press; 2007.
- 15. Centers for Disease Control and Prevention. School health guidelines to promote healthy eating and physical activity. *MMWR Morb Mortal Wkly Rep.* 2011;60(5).
- 16. Alliance for a Healthier Generation Healthy Schools Program. https://schools.healthiergeneration.org. Accessed May 1, 2014.

References 51

- 17. US Dept of Agriculture. Healthier US School Challenge. http://teamnutrition.usda.gov/healthierUS/index.html. Accessed May 1, 2014.
- 18. American Academy of Pediatrics. Committee on Nutrition and the Council on Sports Medicine and Fitness. Sports drinks and energy drinks for children and adolescents: are they appropriate? *Pediatrics*. 2011;127:1182-1189.
- 19. Child Nutrition and WIC Reauthorization Act of 2004. S 204, 108th Cong. Public Law 108-205 (2004).
- 20. Chriqui JF, Resnick EA, Schneider L, et al. School District Wellness Policies: Evaluating Progress and Potential for Improving Children's Health Five Years after the Federal Mandate. School Years 2006–07 through 2010-11. Volume 3. Chicago, IL: Bridging the GapProgram, Health Policy Center, Institute for Health Research and Policy, University of Illinois at Chicago; 2013. www.bridgingthegapresearch.org. Accessed May 1, 2014.
- 21. Jones SE, Axelrad R, Wattigney WA. Healthy and safe school environment, part II, physical school environment: results from the School Health Policies and Programs Study 2006. *J Sch Health*. 2007;77: 544-556.
- 22. Patel AI, Bogart LM, Elliot MN, et al. Increasing the availability and consumption of drinking water in middle schools: A pilot study. *Prev Chronic Dis.* 2011; 8(3):1-9.
- 23. Patel AI, Bogart LM, Uyeda KE, Rabin A, Schuster MA. Perceptions about availability and adequacy of drinking water in a large California school district. *Prev Chronic Dis.* 2010;7(2):A39.
- 24. Patel AI, Hampton KE. Encouraging consumption of water in school and child care settings: access, challenges, and strategies for improvement. *Am J Public Health*. 2011;101(8):1370-1379.
- 25. Chandran K. Improving water consumption in schools: challenges, promising practices, and next steps. California Food Policy Advocates. http://waterinschools.org/pdfs/WaterInSchools_FullReport_2009.pdf. Accessed May 1, 2014.
- 26. Cradock AL, Wilking CL, Olliges SA, Gortmaker SL. Getting back on tap: the policy context and cost of ensuring access to low-cost drinking water in Massachusetts schools. *Am J Prev Med.* 2012;43(3S2):S95-S101.
- 27. ChangeLab Solutions. Model Wellness Policy Language for Water Access in Schools. http://changelabsolutions.org/publications/wellness-policy-water. Accessed May 1, 2014.
- 28. The United States Environmental Protection Agency. Water: Safe Drinking Water Act. http://water.epa.gov/lawsregs/rulesregs/sdwa. Accessed May 1, 2014.

52 References